

HRA-ECI

MAY 2024

MONTHLY MEETING SOUND MEDITATION

Friday, May 10th @ 11:30AM
Mattoon YMCA
221 N 16th St., Mattoon, IL

Lunch will be sandwiches and salad.
Remember to bring your business card to
enter to win a door prize!

To RSVP, send attendee names to
hraeci@yahoo.com

SOUND MEDITATION BY JUST BREATH DEN

Whether you find your place with gentle mindful movement, heated yoga, or the blissful experience of sound meditation, we're honored to welcome you to this sacred space.

PLEASE NOTE:
We will provide yoga mats for everyone, but feel free to bring a pillow or blanket for extra comfort.

This will be our last meeting until we reconvene in the fall. Hope you all have a wonderful summer!

QUESTIONS?

If you would like to post a job, ask about membership, share an idea for a speaker, or just pose a question, you can reach out to one of our board members, or email us at hraeci@yahoo.com.



BOARD MEMBERS
Karla Harris, President
TBD, President Elect
Ashlee Stanfield, VP of Membership
Liz Timmons, Treasurer
Paige Lowe, Secretary
TBD, Legislative Officer
Dustha Wahls, Past President

ARTICLES OF INTEREST

HR STRATEGY

What protestors were calling for this International Workers' Day.

Where in the world? Also known as May Day or Labour Day, International Workers' Day was established in 1889, three years after the Chicago Haymarket riots demanded an 8-hour workday, according to NPR. More than 130 years later, people around the world still gather on May 1 to highlight the plight of workers.

RECRUITMENT & RETENTION

Deflated, but not defeated

What's happening? The US economy added fewer jobs than expected last month, and fewer jobs than the average over the last 12 months. But economists say the job market is still strong. Total nonfarm payroll employment increased by 175,000 in April, well below the 303,000 in March and the 242,000 monthly average over the last year. The gains fell short of the 232,500 economists' forecast.

DE&I

US government changes race categories on EEOC forms

What's different? The Office of Management and Budget (OMB) issued new guidance last month for collecting and analyzing race and ethnicity data in hopes of assessing the US population more accurately.

First, there's a new category, called MENA (short for Middle Eastern and North African). Until now, the racial choices have been white, Black, Asian, Native Hawaiian/Pacific Islander, and American Indian/Alaska Native.

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