



HRA-ECI

Human Resource Association of East Central Illinois



Leading People.
Leading Organizations.

April 2015

Five A's of Awesome

This month's 'A' from Jeff Haden's 5 A's of Awesome is **Assist**:

Help an employee—Don't wait to be asked. Pick someone who is struggling and offer to help. Don't just say, "Is there some way that I can help you?" Be specific: offer to help with a specific task, or to take over a task for a few days, or to work side-by-side. A general offer is easy to brush aside. A specific offer not only shows you want to help, it shows you care.

Help a superstar—Counterintuitive? No way. Compared to others, the best performing people don't need help so they rarely get it. As a result they are often lonely, at least in a professional sense. Offer to help with a specific task. Not only will you build a nice interpersonal bridge, some of their skills or qualities might rub off on you.

Help ANYONE—Few things feel better than helping a person in need. Take a quick look around; people less fortunate than you are everywhere.

April Meeting

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Refresh Leadership  
Simulcast

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Effingham
Performance Center

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Wednesday April,  
15th

8:00AM-11:30AM

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See the next page
on detail on
registering

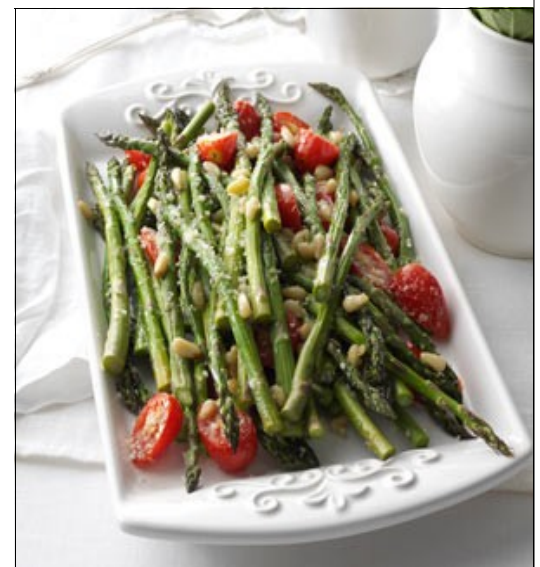
Spring Farmers Market Recipe

- 1-1/2 pounds fresh asparagus, trimmed
- 1-1/2 cups grape tomatoes, halved
- 3 tablespoons pine nuts
- 2 garlic cloves, minced
- 1 teaspoon kosher salt
- 1/2 teaspoon pepper
- 1 tablespoon lemon juice
- 1/3 cup grated Parmesan cheese
- 1 teaspoon grated lemon peel

• Preheat oven to 400°. Place the asparagus, tomatoes and pine nuts on a foil-lined 15x10x1-in. baking pan. Mix 2 tablespoons oil, garlic, salt and pepper; add to asparagus and toss to coat.

• Bake 15-20 minutes or just until asparagus is tender. Drizzle with remaining oil and lemon juice; sprinkle with cheese and lemon peel.

Toss to combine. Yield: 8 servings.



Join Us for a Leadership Event
You Won't Want to Miss

Refresh **LIVE**
Leadership

SIMULCAST

– WEDNESDAY, APRIL 15, 2015 –



**GOAL SETTING – THE SECRET
OF SUCCESSFUL LEADERS**

Featuring **DAYMOND JOHN**

CEO of FUBU and Shark Branding, and TV
Personality on ABC's "Shark Tank"



**THE FUNNY THING ABOUT
LEADERSHIP**

Featuring **DAN AYKROYD**

Actor, Comedian, Screenwriter, Musician,
Businessman ... Ghostbuster



**FROM HOMELESS
TO HARVARD**

Featuring **LIZ MURRAY**

Motivational Speaker and Bestselling Author
of *Breaking Night: A Memoir of Forgiveness,
Survival, and My Journey from
Homeless to Harvard*

Rather than spitting out the same tiresome business clichés, Daymond will share the exact goal-setting strategies he attributes to his success and will teach you how to incorporate them into all your endeavors. He'll challenge you to exercise your brain in a way that cultivates a positive, goal-setting mindset.

Dan Aykroyd has worn many hats – actor, comedian, screenwriter, musician, businessman, Ghostbuster, Blues Brother – the list goes on and on. During his presentation, Dan will discuss the lessons he's learned about great leadership throughout his legendary career and how they have impacted every facet of his life.

Liz Murray shares her fascinating, inspirational story of growing up with two drug addicted parents who she began supporting at age 10. While living on the streets of New York, she completed high school then received a full scholarship to Harvard University.

► **REGISTER TODAY AT REFRESHLEADERSHIP.COM/LIVE**

WHEN: Wednesday, April 15, 2015
8:00 a.m. – 11:30 a.m.

WHERE: Effingham Performance Center
1325 Outer Belt West
Effingham, IL 62401
www.the-epc.org

Registration:
Opens at 7:30 a.m. - Light Breakfast Provided

Donation Required:
Proceeds Benefit Youth Programs for the Arts at EPC

Contact **Express Employment Professionals**
Mattoon at 217.234.2211 AND Effingham at 217.347.2224



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